



North West London

Insight

North Kensington update. A bulletin where we share the learning and insight from the North Kensington Recovery Programme (Grenfell).



Welcome,

As we approach the seventh anniversary of the tragic events that occurred on the night of 14 June we'd like to acknowledge that this is a difficult and challenging time for the Grenfell-affected community and our thoughts are with you all.

We'd like to gently remind you that the NHS is here for you and [support is available](#) if you, or your loved ones, are struggling to cope emotionally. You can also see the full list of services available to you from the NHS in [this leaflet](#).

All the insight you've shared with us to date has been invaluable and helped us to gain a clearer understanding of the community's health needs. Some of this insight is contained in the council's and NHS Joint Strategic Needs Assessment (JSNA) due to be published soon by the council's public health team.

Although the [pre-election period](#) means we can't provide a full update on our plans until after the election, our [Next Steps document](#) remains a working/live and iterative document and alongside our service leaflet will be our starting point to progress any conversations about future services.

We'd like to thank all our partners for their ongoing efforts to support the community and remind you all that you can always reach us by emailing the team: nhsnw1.nkrt@nhs.net

Best wishes,

North Kensington Recovery Team, NHS North West London

Never forgotten

The NHS North West London's chief executive Rob Hurd has expressed the NHS's deepest condolences to all those impacted by the tragic events that occurred on the 14 June, 2017. You can read his words [here](#).

Colleagues across NHS North West London are being invited to join a 72-second silence this Friday, to commemorate and pay respect to all the lives lost. Our lead nurse Jennifer Roye will lead the tribute and reference the community's own commemorative events.

[Find out more](#)

The community gathers to remember and reflect

Voluntary organisations around North Kensington (including [Healthier Futures](#) and [Health Partners](#)) will be opening their doors this Friday [14 June], to welcome residents who want to be with others to commemorate the seventh anniversary of the Grenfell Tower fire. There are quiet spaces available if residents prefer to reflect in solitude on their loved ones.

Children can attend an Abundance Art workshop at Baraka Community Centre. Lancaster West is also hosting an afternoon of speakers, poetry and music (from 2pm-5pm), which everyone is welcome to attend.

[Find out more](#)

Health events



A family health day was held at the North Kensington Resource Centre on Wednesday 29 May, jointly hosted by the Lancaster West Neighbourhood Team and the NHS.

The NHS's own stall was manned by NHS engagement and Federation colleagues (pictured middle left) and they all had lots of fruitful conversations with parents about their children's health, the importance of regular enhanced health checks and vaccinations. Dr Razak (pictured middle right) and her team were also on hand to offer free blood checks.

More events are being planned for the summer months.

Measles concern in North Kensington

There has been an increase in cases of measles in North Kensington recently, with several young children hospitalised.

Enhanced Health Checks

You and your family can receive a free enhanced health check via your local GP or at a community venue close to home. These free checks are recommended on an annual

The NHS responded by setting up vaccination clinics in community sessions and schools. Partners were also sent emails advising about these clinics and were asked to share the information with their community contacts.

The emails included advice on measles symptoms and the protocol for seeking advice if a parent suspects their child has the illness (isolation, due to the illness being highly contagious).

However there is more work to be done to address vaccine hesitancy, which is quite high in the area.

[Find out more](#)

basis and are an ideal way to ask about any health concerns you may have. Dates are still available in June and you can book in for yourself or your whole family [here](#).

[Find out more](#)

MyHealth London supports heart health



A new digital health platform called **MyHealth London** supports people living with or at risk of Cardio Vascular Disease (CVD).

MyHealth London provides health information and a selection of interactive eLearning courses and health tools which the platform hopes will empower patients' to better self manage their condition. There is also a nutrition hub and health-related email campaigns are tailored to each individual patient's needs.

Patient over the age of 18 who have been diagnosed with CVD or at risk of hypertension or atrial fibrillation, are eligible to create a NHS MyHealth London account. This allows

patients to access their personalised health record online, as well as set goals and objectives for their treatment.

[Find out more](#)

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