

12-16 February 2018



Kensington and Chelsea Council has put together a range of fun activities during the February half-term for children, young people and families. This brochure provides information on all of the activities available.

For the activities listed without a specific time, please contact the organisers directly for further information.

Those that have been affected by the Grenfell tragedy that need any extra support should raise this with their key worker or call Care for Grenfell on tel: 020 7745 6414.



Girls' youth club

Making Communities Work and Grow

Making Communities Work and Grow provides a wide range of activities for children, young people and adults.

Sundays and Tuesdays





AGE 14-21



Free, drop-in

Boys' youth club

Thursdays, Fridays and Saturdays





GE 5pm-7pm (11-14), 7pm-10pm (15-21) 11-14 and 15-21



MCWG Community Centre, 19 Golborne Road, North Kensington W10 5NY



020 8969 0722



info@mcwq.org.uk



www.mcwg.org.uk

Anti-Tribalism Movement

The Anti-Tribalism Movement is a non-profit organisation aimed at educating and raising awareness about the effects of tribalism within communities.

The Anti-Tribalism movement runs a weekly youth club for local young people which takes place over two hours, every Saturday. Young people are invited to participate in both recreational and educational activities.

Please contact the centre directly for more information and to register your attendance on 020 3588 1880



Anti-Tribalism Movement House, Market Approach off Lime Grove Shepherd's Bush, W12 8DD



020 3588 1880



info@theatm.org



www.theatm.org/who-we-are/who-we-are-overview/



Family fun

Hodan Somali

Hodan Somali supports Somalis and other BME communities, who are mostly marginalised, isolated and socially excluded, to access local services and integrate with wider society.

Family fun day: Face painting, magic show, clown entertainment, fun dancing, balloons, parachute games, prices etc. and food and refreshment will be provided.

Tuesday 13 February



11.30am-4pm





Free, although please call Hodan Somali in advance to confirm your attendance on 020 8960 5813 or 07949 514 936

Keep fit class

Women only: Keep fit session followed by socialisation such as sharing information and experience, making friends, de-stressing etc.

Wednesday 14 February



11am-3pm. Keep fit session starts exactly at 11am and finishes at 12noon.





Free, although please call Hodan Somali in advance to confirm your attendance on 020 8960 5813 or 07949 514 936



Hodan Somali Community, Canalside House, 383 Ladbroke Grove W10 5AA



07814 517 086



hodan somalicommunity@yahoo.co.uk



www.hodan.org.uk





Solidarity Sports

Solidarity Sports was set up to give disadvantaged children the chance to play sport together because it's fun, and a great way to learn valuable life skills.

Running targeted services for vulnerable children and young people, Trips, such as ice-skating, bowling, and day trips to seaside and other locations. Other service offers include:

Sports and healthy eating initiatives, arts activities, educational and active group trips, inspiring week-long holidays and mentoring programmes.

- Free, although before referring a family please call 020 7376 0032
- 21 Cheniston Gardens W8 6TG
- 020 7376 0032 / 07958 599 922



Football sessions and multi-sports

QPR in the Community Trust at Westway Sports and Fitness Centre

Football. A combination of coaching, small-sided games and competitions for children and young people from the North Kensington catchment area.

Monday 12 February to Friday 16 February

10am-3pm everyday

AGE 9-12 and 13-16

Free for participants but will require pre-registration and booking. For a booking form please contact vac@gpr.co.uk

Westway Sports and Fitness Centre, 1 Crowthorne Road W10 6RP

07483 006 851



vac@gpr.co.uk www.gpr.co.uk/community



Six Super Sports

Everyone Active at Westway Sports and Fitness Centre

Everyone Active will be running their "Six Super Sports" programme this half-term at Westway Sports and Fitness Centre

1.Football

Learn from FA accredited instructors in a fun and safe environment.

The camp focuses on six key skills: FUNdamental movements, dribbling, passing, receiving, shooting and small-sided games. Sessions include competitions, quizzes, prizes and much more.

Monday - Friday 12-16 February

① 10-11.30am	AGE Ages 5-7	£4 per day
① 10am-4pm	AGE Ages 8-11	£8 per day
① 10am-4pm	AGE Ages 12-15	£8 per day

2.Tennis

For younger children, FUNdamentals offers an introduction to tennis through fun and engaging sessions developing sending and receiving, agility, balance and coordination skills.

For ages eight and over, morning camps for all levels of ability focus on teaching and practising skills.

Monday - Friday 12-16 February

③ 9am-10.45am	Ages 4-7 FUNdamentals	£55 per week
③ 9am-12noon	AGE Ages 8+	£ £87.50



3.Multi-Sports

All sorts of sports with everything from basketball and dodgeball to hockey and football.

Arts and crafts will also be on offer for five to seven year olds so that kids can get creative too. Kids should arrive ready to play in sportswear.

Monday - Friday 12-16 February

0 10am-1pm	AGE Ages 5-7	£4 per day
10am-4pm	AGE Ages 8-12	£10 per day

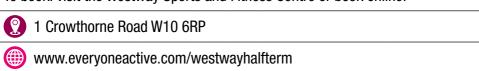
4. Climbing

Exciting, action-packed climbing sessions perfect for children of all ages and abilities to climb on their own or with their families. Kids can take part in top roping and belaying.

Monday - Sunday 12-18 February

AGE	Age 5+	£7 إ	per session
AGE	Adults	£ £15	per session
	The 90 minute ses	ssions run daily at:	New climbers will need to bring or
	9.30am-11am	1.30pm-3pm	fill in a registration form signed by a parent or a legal guardian.
	11.30am-1pm	3.30pm-5pm	

To book: visit the Westway Sports and Fitness Centre or book online.





5. Hockey

The Alex Danson Hockey Academy camps include essential skills, fun games and matches to help children develop their hockey skills and love for the game. Free T-shirt included!

Friday 16 February



10am-3pm



AGE Ages 7-13



£30 per day

6.Netball

Mavericks Netball camps are a great opportunity for young netballers to improve skills, have fun and learn to play netball the Mavericks way. Free T-shirt included!

Wednesday 14 February



10am-3pm



AGE Ages 7-13



£30 per day

To book: visit the Westway Sports and Fitness Centre or book online.



1 Crowthorne Road W10 6RP



www.everyoneactive.com/westwayhalfterm



EPIC Play Service

EPIC Play Service - Flashpoint Centre Play

Flashpoint Centre Play is an Ofsted regulated, open-access play centre, situated on the Worlds End Estate that offers a range of play activities for children and young people.

Flashpoint Centre Play

A range of indoor and outdoor activities are available

Arts and Crafts - 3D modelling, mask-making, papier-mâché, clay work, ice-painting, tye-dye t-shirts, exploring, blind art, tribal art etc.

Outdoor Activities - football, cricket, tennis, badminton, relay races, dodge ball, parachute games, kick/bat rounders etc.

Playground area consists of a swing area, climbing frames and fitness equipment etc.

Indoor Activities - board games, reading/chill out area, computer room, dancing, cooking, air hockey, competitions, challenges, homework assistance etc.

Monday 12 February to Friday 16 February

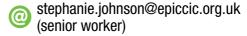
















EPIC Play Service – Little Wormwood Scrubs Adventure Playground

Little Wormwood Scrubs Adventure Playground is an Ofsted regulated playground, open to children aged six to 14 years and up to 16 with Lifelong Learning Difficulties and/or Disabilities (LLDD), that provides a safe place for children and young people to explore, play games and have an adventure! A range of indoor and outdoor activities are available.

Little Wormwood Scrubs Adventure Playground

Adventure play activities available, with varied structures throughout the site. Arts and crafts, dance, drama, and social games.

(3) 10am-5pm

- AGE 6-14
- This is a walk-in service that is free to use, but for safeguarding purposes all children must register on arrival and de-register on departure
- Little Wormwood Scrubs Adventure Playground, Dalgarno Gardens W10 5LL
- 020 8962 6940

- said.aden@epiccic.org.uk (senior worker)
- www.epiccic.org.uk/lws-adventure-playground



Notting Hill Adventure Playground

Venture Centre

Notting Hill Adventure Playground offers free, supervised adventure play for local children aged five to 15. The play provision is complimented with arts and crafts, a sports programme, cooking classes and regular trips.

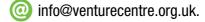
Open access adventure playground

Monday 12 February to Friday 16 February





- Free, however all children will need to register on arrival, and deregister on departure for safeguarding purposes.
- Venture Community Association, 103A Wornington Road, North Kensington W10 5YB
- 020 8960 3234



Football Activities

Baraka Community Association

The Baraka Community association provides educational support, field trips, advocacy and other services to children and young people living in West London, particularly those of Somali and other ethnic backgrounds. Baraka Youth run a successful football programme.





- Please book in advance before attendance via website Please register in advance if you wish to attend this activity
- Westway Sports & Fitness Centre, 1 Crowthorne Road, W10 6RP
- 0208 964 0606 or 07949 727 322



EPIC CIC

Epic CIC delivers a comprehensive range of youth support services to children and young people up to the age of 19 and up to 25 for young people with a lifelong learning difficulty and/or disability.

A wide range of services is on offer to engage children and young people during the February half-term period. Activities include; youth activities, play activities, education and employment skills, sports and arts activities for SEND (Special Educational Needs and Disabilities) children and young people, also watersports and outdoor education activities. For further information please visit www.epiccic.org.uk/ halftermactivities

Monday 12 February to Friday 16 February





Children and young people up to the age of 19 and up to 25 for young people with a lifelong learning difficulty and/or disability



Activities are free. Please book activities in advance. Call EPIC CIC on 020 7938 8033



info@epiccic.org.uk



www.epiccic.org.uk



Chickenshed

Chickenshed is an inclusive theatre company that also runs interactive theatre projects with communities and children, as well education courses and membership programmes.

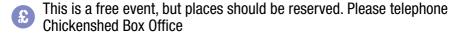
Big Stories from the Little Box

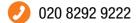
An exciting new interactive performance and workshop for children aged 0 to seven years, and their families.

Wednesday 14 February













The Curve, 10 Bard Road W10 6TP

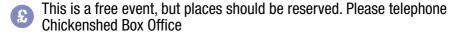
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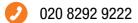
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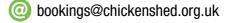
Wednesday 14 February

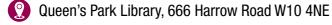
















Adventure Playground

Hornimans Adventure Playground

Hornimans Adventure Playground is for children aged five to 16 years. Hornimans is an open access adventure playground which means children have the right to come and go as they choose as there is an open gate policy. However, all children must be registered by their legal guardian. Activities include the following;

For Monday 12 February (12noon-6pm)

Self Love Week, Money Talks, Pamper Session, face masks, healthy hearts fitness, Self Love Letters.

For Tuesday 13 February (11am-6pm)

Activities include the following:

Unicorn Pancake Making, Nutrition Workshop, Clay Heart-Shaped Boxes, Musical Expressions

For Wednesday 14 February (11am-6pm)

Activities include the following:

Pamper Session, Self-discovery book cover making, All you need is Love, Valentine's Day Party, Gratitude Walk

For Thursday 15 February (11am-6pm)

Activities include the following:

Chinese New Year Crafts, First Aid Workshop, Healthy Hearts Fitness, Clay Heart-Shaped Boxes, Guided Meditation

For Friday 16 February (11am-6pm)

Activities include the following;

Pamper Session/Nail Bar, Group Chat, Values, Healthy Relationships Workshop, Smoothie Making

Monday 12 February to Friday 16 February

Monday 12 February: 12noon-6pm

Tuesday 13 February to Friday 16 February: 11am-6pm

AGE 5-16



Big Green Gates North Kensington, 32 Southern Row W10 5AN



Football, boxing, healthy eating, free outings

DYP - Dalgarno Youth Project

Dalgarno Youth is running a range of activities over the half-term break, including football activities, boxing sessions, and healthy food sessions. They also have a free day trip for nine to 19 year olds on Tuesday 13 February.

Monday 12 February:

11am-4pm: Football and games at the centre and pancake making

Tuesday 13th February:

9am-5pm: Day trip to Dungeness

Wednesday 14th February:

11am-4pm: Preparing healthy snacks and football

Thursday 15th February:

11am-4pm: Football, mini tournament, and preparing healthy snacks





Free but please book in advance. The contact person is Moutaz Chellat, on 07557 223 469



Dalgarno Community Centre, Dalgarno Way W10 5LE



020 8969 6300 or 07557 223 469



moutaz@dalgarnotrust.org.uk



www. dalgar not rust. or g. uk



RBKC Children's Centre Half-Term Activities

Children's Centres deliver a range of activities for children under five years old and their families.

Please note that you will need to book to attend any of the Children's Centre half-term activities listed below.

For detailed information about Children's Centre activities during term- time, please refer to the RBKC Family Information Service's Website.

Holmfield House Children's Centre

Tueday 13 February:

Mobile Farm Visit (two sessions) 10am-11am and 11.30am-12.30pm Step Into Spring

Friday 16 February:

Family Fun Day





Please book your attendance in advance for any of the activities at Holmfield House by calling 020 7938 8400



Holmfield House Children's Centre, 4-6 Golborne Road W10 5PE



020 8968 2580



St Quintins Children's Centre

Monday 12 February:

Mobile Farm Visit, 10am-11am

Tuesday 14 February:

Under 5's Stay and Messy Play, 4pm-5pm

Thursday 16 February:

Songs and Rhymes Under Three, 9.30am-10.30am





Please book you attendance at this activity via telephone: 020 8968 2580



St Quintin Children's Centre, 90 Highlever Road W10 6PN



020 8968 2580

Cheyne Children's Centre

Monday 12 February:

Stay and Play Under Five, 10am-12noon

Tuesday 13 February:

Stay and Play Under Two, 2pm-4pm

Friday 16 February:

Planning a Healthy Picnic Together, 9.30am-12.30pm



AGE 0-5



Free, but please book in advance if you would like to attend any of these sessions with your child



10 Thorndike Close SW10 0ST



020 7349 1650



infocheynechildrenscentre@rbkc.gov.uk



Stay and Play

St Marks

Monday 12 February to Friday 16 February

③ 12.30pm-4pm	AGE Under 4
£ Free/drop-in	② St Marks Road W10 6BZ
020 8968 4339	@ carolineb@cathchild.org.uk

St Quintin Centre for Disabled Children and Young People

St Quintin's Centre for Disabled Children and Young People offers a wide range of activities and support groups for children and young people with disabilities, as well as for their parents, carers and siblings.

St Quintin is open for Stay and Play sessions for families with children with disabilities over half-term break

Stay and Play sessions

Monday 12 February:

Stay and Play, 1pm-3pm

Friday 16 February:

Stay and Play, 1pm-3pm





Free, no booking required - just turn up on the day!







020 8968 2570



www.rbkc.gov.uk/stguintincentrecwd



Be Food Smart Roadshow

GoGolborne event at Kensal Library

The 'Be Food Smart' roadshow event will take place 10am-1pm at Kensal library on Saturday 10 February. Various fun activities for children and families will be on offer that promote healthy eating, such as a fruit-themed badge-making activity. There will also be face-painting.

Saturday 10 February



(2) Kensal Library, 20 Golborne Road W10 5PF

www.rbkc.gov.uk/libraries/libraries





Play 3/P3 at Avondale Park Primary School

Play 3 delivers after school and holiday play activities for children aged four to 11 years old, providing them with a fun and safe play environment, as well as opportunities to learn and develop socially. physically, intellectually, creatively and emotionally

Activities include games, sports, construction and board games, library, arts and craft and trips out.

Monday to Friday



9am-5pm





£10 per day per child (9am-5pm) Breakfast club 8am-9am, cost £1.50 including breakfast snack Extended day 5pm-6pm £1 extra.

Please note, this service is only open to RBKC residents

20 targeted places for referred families affected by Grenfell. These must be referred via a key worker, social worker, Early Help or a school. The total capacity at the play centre is 80 per day.

Pre-registration at Avondale will be held next week Thursday. 3.30pm-6pm. Fees to be paid upon registration by cash, card or cheque. Information is on FIS with a registration form to download.



Avondale Park Primary School, Sirdar Road W11 4EE



020 7313 5273 07875 724 227



colin.simmons@p3charity.org



www.p3charity.org/services/play-3



Drop-in stay and play

Meanwhile Gardens Play Hut

Meanwhile Gardens Play Hut is a Stay and Play Centre set within Community Gardens in North Kensington, Meanwhile Gardens.

Monday 12 February to Friday 16 February



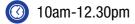
AGE Under 6



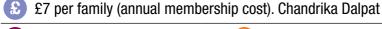
Drop-in service. However you will need to pay the £7 annual fee on your first visit.

Tiny Green Fingers

Tuesday 13 February









020 8960 7894



Elkstone Road W10 5BN info@meanwhilegardens.com



www.meanwhile-gardens.org.uk



Worlds End Under Fives Centre

Worlds End Under Fives Centre

The Worlds End Under Fives Centre has been working in the community, supporting local families with children under five years, for the past 30 years. It provides a range of activities and childcare services to local communities and families of under fives.

Monday 12 February

9.30am-12.30pm:

Arts, crafts, collage making, and outdoor play

Tuesday 13 February

9.30am-12.30pm:

Arts, crafts, collage making, and outdoor play

Wednesday 14 February

9.30am-12.30pm:

Arts, crafts, collage making, and outdoor play

Thursday 15 February

9.30-12.30pm:

Arts, crafts, collage making, and outdoor play

Friday 16 February

9.30am-12.30pm;

Arts, crafts, outdoor play

Monday 12 February to Friday 16 February

9.30am-12.30pm



AGE Under 5



Free to attend (drop-in services)



18 Blantyre Street SW10 0DS



020 7351 5871



julie.roberts@weu5c.org or patricia.alert@weu5c.org



www.worldsendunderfivescentre.co.uk



Fit for Sport

Meanwhile Gardens Play Hut

Fit For Sport's Activity Camps are designed to engage all children through multi-sports, games, arts and crafts so that they can make friends and keep active throughout the holiday!

Activities include swimming, arts and crafts, parachute games, team games and sport-specific games*

*Please note that these activities are subject to change depending on the facilities available at the venue.

Oxford Gardens Primary School W10 6NF

RBKC funded spaces available

Park Walk Primary School, Park Walk SW10 0AY

RBKC funded spaces available

Bayswater Play Centre, Shrewsbury Road W2 5PR

RBKC funded spaces available

Ethos Sport, Imperial College, 7 Princes Gardens, South Kensington Campus SW7 2AZ

RBKC funded spaces available

St Josephs RC Primary School, Cadogan Street SW3

RBKC funded spaces available

Holy Trinity C of E Primary School, Cadogan Gardens SW3

RBKC funded spaces available

Jubilee Sports Centre, Caird St W10 4RR

RBKC funded spaces available

Queen Mother Leisure Centre, 223 Vauxhall Bridge Road, Pimlico SW1V 1EL

RBKC funded spaces available

St Christina's School, 25 St Edmund's Terrace NW8 7PY

RBKC funded spaces available





Standard Day Extended Day Half Day

9.30am-4.30pm

8.30am-5.30pm 9.30am-1pm 5*-12

*Please note that this programme is not available to five year olds in reception, but for five year olds in Year One only

Fit for Sport has some free places for RBKC funded families available in their venues. These will need to be booked by the child's school, social worker or support worker.

Fee paying spaces available and the following are the costs:

 Standard Day
 9.30am-4.30pm
 £24

 Extended Day
 8.30am-5.30pm
 £28.75

 Half Day
 9.30am-1pm
 £18

Please note, you must pre-book your child's place on any activity.

The prices displayed above are the EARLY rates.

From 3 April 2017, if you book an activity more than two weeks in advance then you will receive the EARLY rate which is the best rate you can get for that activity.

If you book less than two weeks in advance you will receive the BASIC rate (which is the early rate +10 per cent).

If you book less than 48 hours in advance you will receive the LATE rate (which is the early rate +20 per cent).



020 8742 4990



enquiries@fitforsport.co.uk



www.fitforsport.co.uk



RBKC Libraries

Kensington Central Library

Main lending, reference and local studies library for the borough.

Lending department: (adult, young adult and children) includes books, spoken word tapes and CDs, language courses, DVDs, music - CDs and scores. There are extensive biography and folklore collections (some are reference items).

Reference department includes all UK telephone directories. Open University collection, business information point, genealogy collection, and a wide selection of periodicals.

Monthly careers adviser - contact library for details

Local Studies department includes Kensington and Chelsea material and all Council information, past and present.

Computers offering internet, scanner and word-processing facilities are available throughout the library. There are designated laptop use areas.

Children's Library offers a full range of resources.

Story Time

Monday 12 February



(3) 10am-10.20am



AGE Up to 6



Free

Baby Rhyme Time

Wednesday 14 February



10am-10.20am



AGE Up to 2



Free

Baby Rhyme Time

Friday 16 February



(3) 10am-10.20am



AGE Up to 2



Story Time

Saturday 17 February



Phillimore Walk, W8 7RX



www.rbkc.gov.uk/libraries/your-library

North Kensington Library

A range of adult and children's fiction and non-fiction books, large print books, talking books, DVDs, newspapers and reference material.

Baby Rhyme Time

Monday 12 February



108 Ladbroke Grove North Kensington W11 1PZ



www.rbkc.gov.uk/libraries/your-library





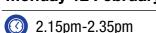
Brompton Library

Adult lending section offering books, audio visual materials, large-print books for loan.

Children's section offering books and audio visual materials.

Baby Rhyme Time

Monday 12 February







Baby Rhyme Time

Tuesday 13 February

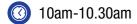






Story Time

Thursday 15 February





Saturday Storyland

Saturday 17 February

① 10am-10.40am





210 Old Brompton Road, SW5 OBS

020 7361 3010



www.rbkc.gov.uk/libraries/your-library



Chelsea Library

The library stocks a full range of adult and children's fiction, non-fiction materials, books, and DVDs.

Reference library, with range of business directories, telephone books and encyclopedias, as well as newspapers and magazines.

Internet and photocopy facilities are available. Wireless internet access is also available throughout the library and there are a limited number of places to plug in laptop computers.

There is also a gallery for hire.

Baby Rhyme Time

Thursday 15 February



11am-11.20am



AGE Up to 2



Free

Story Time

Friday 16 February



11am-11.20am



AGE Up to 6



Free



Chelsea Old Town Hall King's Road SW3 5EZ



020 7361 3010



libraries@rbkc.gov.uk



www.rbkc.gov.uk/libraries/your-library



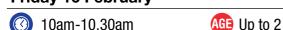
Notting Hill Gate Library

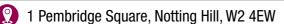
A range of fiction and non-fiction materials, talking books, photocopier, DVDs, newspapers and reference items, telephone books for London.

Free

Baby Rhyme Time

Friday 16 February









Kensal Library

A small community library with a range of adult and children's fiction and non-fiction books, large print books, talking books, music, DVDs, newspapers, quick reference section and community information.

Baby Rhyme Time

Friday 16 February



020 7361 3010 @ libraries@rbkc.gov.uk





Activities for Children, Young People and Families at The Curve

The Curve

The Community Assistance Centre was set up at the Curve to provide services to residents affected by the Grenfell Tower Fire. Over the holiday, there's a wide range of activities for local families.

Half-term opening hours:

10am-8pm: Monday 12 February 2018

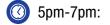
Friday 15 February 2018

11am-6pm: Saturday 16 February 2018

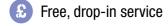
Sunday 17 February 2018

Homework club

Monday 12 February







More learning and play

Monday 12 February



12pm-3pm







Crèche

Monday 12 February



(7) 10-12noon





The crèche is available only to parents with Curve appointments, or those who are completing a course on site. Please email thecurve@rbkc.gov.uk to book in advance.

Fouzia's Sewing Club: Sew, Stitch and Knit

Tuesday 13 February



10am-4pm



AGE For all



Free

Helping Children Deal with Loss

This programme is for parents/carers, with the focus on teaching them how to communicate with the children in their care about losses they have experienced and those they might yet face. The programme is led by a certified grief recovery specialist, using "when children grieve" as the text book to work through the process step by step for six sessions

Tuesday 13 February



10.30am-12.30pm



AGE For all

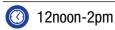


Free, but please email thecurve@rbkc.gov.uk to reserve your space



Money Management

Tuesday 13 February

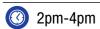




ℰ Free/Walk-in

How to Manage Stress

Tuesday 13 February





€ Free/Walk-in

Children's Yoga

Tuesday 13 February







Adult Yoga

Tuesday 13 February



6pm-7pm





Free/Walk-in



Crèche

Tuesday 13 February



10am-12noon





Crèche is only for the use of parents with appointments at the Curve, and those who are completing short courses at the centre. Please book in advance via thecurve@rbkc.gov.uk

World Coffee Morning

Come along to sample the flavours of the world! A new theme every week, everyone is welcome for a coffee and a chat with neighbours

Wednesday 14 February



10am-12noon





Free/Walk-in

Chickenshed Theatre Work-shop

Chickenshed is an inclusive theatre company that also runs interactive theatre projects with communities and children, as well education courses and membership programmes.

Wednesday 14 February



10.30am-12pnoon



AGE 7-11



Book in advance via bookings@chickenshed.org.uk or call 020 8292 9222



Valentine's Day event

Heart shaped biscuit decorating and a family film

Wednesday 14 February



2pm-4pm



AGE All welcome



Free/Walk-in

Homework Club

Wednesday 14 February



5pm-7pm



AGE 5-11



Free/Walk-in

Crèche

Wednesday 14 February



10am-12pm



AGE 1pm-3pm



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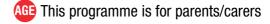


Helping Children Deal with Loss

This programme is for parents/carers, with the focus on teaching them how to communicate with the children in their care about losses they have experienced and those they yet might face. The programme is led by a certified grief recovery specialist, using "when children grieve" as the text book to work through the process step by step for six sessions.

Thursday 15 February







Free, although please book your place in advance via thecurve@rbkc.gov.uk

Chair Yoga

Thursday 15 February



2pm-3pm



AGE All welcome



Free/Drop-in

MEND Family Activity

A free healthy lifestyle programme for five to seven year olds and their families, with ten sessions of fun, games, and activities to help you and your family become fitter, healthier and happier

Thursday 15 February



4pm-4.45pm



AGE 5-7 year olds and their families



Places are limited, so please register via email to info@mytimeactive.co.uk or call 020 8323 1725



Chinese New Year Event

Chinese decoration making, traditional drinks and sweets and information about the Year of the Dog. A family film will also be shown.

Friday 16 February



10am-12noon



Children and families



Free/Walk-in

Parent Support Drop-in

Friday 16 February



1pm-3pm



This is a support group for parents. Crèche service is available to those parents using this service from 1pm-3pm, however please book this in advance via thecurve@rbkc.gov.uk



Free, however please book in advance for spaces in the crèche via thecurve@rbkc.gov.uk



10 Bard Road, North Kensington W10 6TP



If you would like to book onto any of the activities at the Curve, please contact Care for Grenfell on Tel: 020 7745 6414



email thecurve@rbkc.gov.uk



thecurve@rbkc.gov.uk



Additional support services

Online emotional support services

Qwell

Qwell offer online counselling services that you can access via your phone or any other connected device. This is available to any adult aged 18 or over, and counsellors are online until 10pm, 365 days a year. To access this support visit **www.qwellcounselling.com**. There are also self-help articles, a supportive online community, and live forums.

Kooth Online Counselling

Kooth is a free online counselling and emotional well-being service for children aged 11-19. The service can provide one-to-one sessions with accredited counsellors, fully moderated peer-support and online articles. The service will be available via: www.kooth.com

NHS Go

NHS Go provides online physical and mental health information and advice for young people under the age of 25. To access the service please go to **www.nhsgo.uk**

Telephone services and further support Care for Grenfell

The Care for Grenfell team offers a single point of contact for anyone who has been affected by the Grenfell Tower fire. It provides access to services, support, information and advice.

The Care for Grenfell team will be available over the half-term period. They can be contacted on **020 7745 6414** between the hours of 8am and 8pm every day of the week. There is an emergency duty team available outside of these hours (on the same number). You can also email **careforgrenfell@rbkc.gov.uk**.



Key Worker Service

Key Workers will be available over the half-term period as normal. If you need support, but your own Key Worker is unavailable, please call **020 7745 6414.**

NHS

GPs: GP practices can provide a first point of contact into more specialist services, and will fast track appointments and give a space to talk about any concerns. GPs can book longer appointments for people affected by the fire.

CAMHS: Since June, our teams have worked closely with schools and families to provide mental health support to children and adolescents. The service is called CAMHS, which stands for Child & Adolescent Mental Health Services. This may involve an assessment to see if there are signs of distress, and if so, referring on to an appropriate service. CAMHS accepts referrals from health professionals (including GPs), schools, and colleges, but also from families or carers. You can also self-refer using the Single Point of Access number (below).

Single Point of Access: The NHS Single Point of Access line is open 24 hours a day on **0800 0234 650**. When you call, your needs will be assessed and appropriate support services, information and advice will be provided. Please let the operator know that you are calling as a result of the fire at Grenfell Tower.



إذا احتجت إلى هذه المعلومة مترجمة فيرجى الاتصال بلبيبون نيسا-أوسوليفان على البريد الإلكتروني: labibun.nessa.o'sullivan@rbkc.gov.uk

আপনি এই তথ্য্ অনুবাদ করে পেতে চাইলে, অনুগর্হ করে Labibun Nessa-O'Sullivan এর সাথে যোগাযোগ করুন। ওনার ইমেল আইডি হল: <u>labibun.nessa.o'sullivan@rbkc.gov.uk</u>

Si vous avez besoin que ces informations vous soient traduites, merci de contacter <u>Labibun Nessa-O'Sullivan</u> sur l'adresse email : <u>labibun nessa-o'sullivan@rbkc.gov.uk</u>

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Telephone: 020 7765 6402