

HEALTH PARTNER

**WORKING IN PARTNERSHIP
TO IMPROVE THE HEALTH AND
WELLBEING OF THE COMMUNITY
OF NORTH KENSINGTON**

www.grenfell.nhs.uk



Everyone Active Westway and the Health Partners programme

Everyone Active Westway is working in partnership with the NHS, Residents Associations and other community, voluntary and faith organisations to support communities in North Kensington in building a healthier future.

The aim of the Health Partners Programme is to:

- strengthen the wellbeing of individuals, families and the community
- improve the understanding of basic health information and services so people can make good health decisions

- develop and deliver services that are culturally sensitive
- engage with the community to help share health messages.

“Working in partnership today, to shape the health of our community for tomorrow.”

Warren Albrecht, General Manager,
Everyone Active

Find out more by visiting
www.grenfell.nhs.uk

What we do

You can contact Everyone Active Westway if you need support and advice to help you with your physical and emotional health and wellbeing.

We are currently working to:

- Deliver an exercise programme for carers and a GP referral programme. The facilities that people can access to improve their health include: Football pitches, tennis courts, two state of the art fitness centres, climbing, cricket, netball and yoga
- deliver an enhanced GP referral/social prescribing programme for local people suffering from a variety of health conditions
- improve people’s mental health, reduce isolation, help people lose weight and become less obese.

Contact us to learn more and find out how you can get involved

Telephone: **020 8969 0992**
Web: www.everyoneactive.com

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**Supporting
the NHS**