



Al-Hasaniya
Moroccan
Women's Centre

NHS

West London
Clinical Commissioning Group

HEALTH PARTNER

**WORKING IN PARTNERSHIP
TO IMPROVE THE HEALTH AND
WELLBEING OF THE COMMUNITY
OF NORTH KENSINGTON**

www.grenfell.nhs.uk



Al-Hasaniya Moroccan Women's Centre and the Health Partners programme

Al-Hasaniya Moroccan Women's Centre is working in partnership with the NHS, Residents Associations and other community, voluntary and faith organisations to support communities in North Kensington in building a healthier future.

The aim of the Health Partners Programme is to:

- strengthen the wellbeing of individuals, families and the community
- improve the understanding of basic health information and services so people can make good health decisions

- develop and deliver services that are culturally sensitive
- engage with the community to help share health messages.

"Health Partners is the new way forward."

Zohra Davis, Mental Health Project
Co-ordinator & Inspire Wellbeing Project
Leader, Al-Hasaniya

**Find out more by visiting
www.grenfell.nhs.uk**

What we do

You can contact the Al-Hasaniya Moroccan Women's Centre if you need support and advice to with your physical and emotional health and wellbeing.

We are currently working to:

- Help build resilience in our local community, improve health and wellbeing and reduce social isolation
- provide emotional and mental health support
- organise an elderly luncheon club reducing isolation and improving health and wellbeing
- raise awareness of various health conditions including breast cancer, arthritis and obesity
- Prevent diabetes and support people to manage the condition
- provide exercise classes for the elderly
- work with young mothers to improve child health and address barriers to child immunisations such as mumps, measles and rubella (MMR)
- improve women's health e.g. self-care, understanding and managing menopause and personal hygiene.

Contact us to learn more and find out how you can get involved

Telephone: **020 8969 2292**
Email: **zohra@al-hasaniya.org.uk**
Web: **www.al-hasaniya.org.uk**

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**Supporting
the NHS**